



## Building Confidence at Camp



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Summer camps are a chance for kids to unwind and enjoy their time off before heading back to school. But for one group of Vermont girls, camp is a chance to learn a new skill.

It's a project that is designed especially for girls -- construct a CD case from scratch.



And that's not all. These girls have learned the ins and outs of lamps and built their own benches.

"Since one of my favorite colors is pink I took two of my favorite pinks and mixed them together," said Lysie Green, a camper at Rosie's Girls.

Lysie is one of dozens of young girls participating in Rosie's Girls, a three week summer camp that introduces these teens to different trades.

"So the girls are doing workshops and using their hands in carpentry in welding in automotive fire fighting law enforcement etcetera," said Kristin Mullins, of Rosie's Girls.

It's giving these girls a chance to try their hands at fields that are typically dominated by men.

"So we still need to help women get into these fields, however that's not necessarily the focus of the camp, the girls might choose to go into one of these fields but it's to teach them or to reinforce the message that you have options," said Mullins.

"Back when girls weren't paid much attention to so now it's giving us a chance to see what we couldn't do," said Green.

And that includes learning how to change the oil in a car.

"I think it's important because it proves that girls can do many things that boys can do," said Kirsten Desorta, a camper at Rosie's Girls.

Instilling confidence in young girls -- all in the name of fun!

[Beth Parent - WCAX News](#)



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